

ST JOHN'S C OF E PRIMARY SCHOOL

PSHE AND E-SAFETY PROGRESSION OVERVIEW



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<p>How can we look after each other and the world?</p> <p>Including rules about use of technology in the classroom</p>	<p>What is the same and different about us?</p> <p>Respect</p>	<p>What helps us stay healthy?</p> <p>Time spent online/on devices</p>	<p>What can we do with money?</p> <p>Including that people buy things online and have online bank accounts, passwords to keep money safe</p>	<p>Who helps to keep us safe?</p> <p>Including what to do if we see something that makes us upset, worried online, adults should supervise when online</p>	<p>Who is special to us?</p>
Year 2	<p>What makes a good friend?</p> <p>Including online – messaging, online communication</p>	<p>What is bullying?</p> <p>Including online – how to respond if you are worried about something online</p>	<p>What jobs do people do?</p> <p>Including jobs in technology</p>	<p>What helps us to stay safe?</p> <p>Including rules about use of technology in the classroom, setting and using passwords</p> <p>Including social media</p>	<p>What helps us grow and stay healthy?</p> <p>Including safe and appropriate screen time levels</p> <p>Including accessing appropriate online information for</p>	<p>How do we recognise our feelings?</p>

				and gaming classifications	children about eating well – such as Change4Life	
Year 3	<p>How can we be a good friend?</p> <p>Including online bullying and hurtful behaviour online how to recognise, respond to and report abuse, what is appropriate to say or not say online,</p>	<p>What keeps us safe?</p> <p>Including rules about use of technology in the classroom and online, how to recognise, respond to and report abuse, what is appropriate to say or not say online, social media and gaming classifications</p>	<p>What are families like?</p>	<p>What makes a community?</p> <p>Including responsible use of technology, gaming, online privacy settings, digital footprint, what is appropriate to say or not say online,</p>	<p>Why should we eat well and look after our teeth?</p> <p>Including accessing appropriate online information for children about eating well – such as Change4Life</p>	<p>Why should we keep active and sleep well?</p> <p>Including safe and appropriate screen time levels</p>
Year 4	<p>What strengths, skills and interests do we have?</p> <p>Including how online information can influence and change our understanding of different people around the world</p>	<p>How do we treat each other with respect?</p> <p>Including what is appropriate to say or not say online, how online comments can be misinterpreted and unintentionally hurt our</p>	<p>How can we manage our feelings?</p> <p>Feeling negative pressure and managing this; recognising and managing dares; actions affect themselves and others;</p>	<p>How will we grow and change?</p> <p>Including where to find appropriate help and advice online, how responsible use of social media can support our health and wellbeing</p>	<p>How can our choices make a difference to others and the environment?</p>	<p>How can we manage risk in different places?</p> <p>Including keeping mobile phone or tablet safe when out and about in the local environment, taking care of our personal safety when using a</p>

		friends/damage friendships; different ways we use online media to communicate with our friends; how to be a good friend online				mobile phone or tablet, social media and gaming classifications
Year 5	<p>What makes up a person's identity?</p> <p>What identity means online – public and private identity, digital footprint,</p>	<p>What decisions can people make with money?</p> <p>Including online banking, online news, adverts, images and reviews-differences between media manipulation and reality</p> <p>Including online enterprise, young people who are making a difference through online enterprise projects or projects that include online advertising, what is and isn't safe to upload.</p>	<p>How can we help in an accident or emergency?</p> <p>Online peer pressure and risky behaviours; where and how to seek support/help</p>	<p>How can friends communicate safely?</p> <p>How can we be safe online and using social media?</p> <p>Keeping safe and well using a mobile phone; strategies for managing personal safety online; managing requests for images</p> <p>Including why and how to set privacy settings, social media and gaming classifications, illegal forms of sharing content and the consequences,</p>	<p>How can drugs common to everyday life affect health?</p> <p>Including balancing an online and offline lifestyle, healthy habits regarding screen time</p>	<p>What jobs would we like?</p> <p>Including jobs in technology, gaming and online, how images we see online sometimes reinforce stereotypes</p>

<p style="text-align: center;">Year 6</p>	<p>How can we keep healthy as we grow?</p> <p>Including balancing online and offline lifestyle, healthy habits regarding screen-time, benefits and challenges of online technology</p>	<p>How can the media influence people?</p> <p>Online news, adverts, images and reviews – differences between media manipulation and reality; pressure that online advertising/images may have on feelings and emotions regarding money</p> <p>Including online bullying (how to recognise, respond to and report abuse online), how online information changes our view of the world, what is appropriate to say or not say online, illegal forms of sharing content and the consequences, how to recognise online hate speech; how online information may be manipulated to present something as true</p> <p>Online peer pressure and risky behaviours; where and how to seek support/help</p>	<p>What will change as we become more independent? How do friendships change as we grow?</p> <p>Including relationships and friendships online</p> <p>Including why and how to set privacy settings, keeping mobile phone or tablets safe, what identity means online, public and private identity, digital footprint, online peer pressure and risky behaviours, how to tell if a website is reliable; where to get help/support if we are worried about ourselves or someone else's online behaviour</p>
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